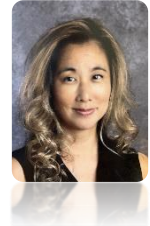




The Guidance Department



Ms. Shigematsu, our dedicated academic advisor, is here to guide Secondary 4 and 5 students on their journey toward a successful future. With a passion for helping students explore their career options and navigate the CEGEP application process, Ms. Shigematsu plays a vital role in students' educational journey.



Our Services

- Career Exploration: Ms. Shigematsu conducts informative workshops to help students identify their career interests and aspirations.
- CEGEP Applications: Ms. Shigematsu conducts a workshop with students on the application process for CEGEP (Collège d'enseignement général et professionnel) programs, ensuring a smooth transition to post-secondary education.
- Vocational School Guidance: For students considering vocational school, we provide guidance and support to help them find the right programs and apply successfully.
- Champlain College Visits: Champlain College representatives visit our school in the fall to provide valuable insights into their programs and admissions process.
- MyBlueprint Career Tool: We offer access to MyBlueprint, an interactive career interest inventory tool, helping students make informed decisions about their future.

Workshops and Appointments

Ms. Shigematsu hosts several workshops in all classes to equip Secondary 4 and 5 students with essential skills and knowledge for their post-secondary journey.

- Individual appointments with Ms. Shigematsu are booked for all students, ensuring personalized guidance tailored to their unique goals.
- Students are updated with the latest news and events from the Guidance Department via Teams.
- Ms. Shigematsu provides insights into effective strategies and covers minimum cut-off marks to improve students' prospects for securing admission to highly competitive CEGEP programs.

If you have any questions or need assistance, please feel free to contact Ms. Shigematsu

Email: Hshigematsu@rsb.qc.ca Phone: 450-671-5534 ext. 6238 Discover your path to success with the guidance and resources offered by our Guidance Department. We look forward to assisting you in achieving your academic and career aspirations.

Empowering Students for a Bright Future

